

Beginning Skating

Snowplow Sam 1, 2, 3 & 4: Ages 3-5 These classes use games and songs to introduce preliminary moves to young skaters. Snow pants, gloves and helmet are recommended.

Basic 1: Ages 6-15 Beginning skaters learn basic skating skills of glides, swizzles and stops.

Beginner Adult/Teen: Students will learn beginning stroking, stopping & crossovers.

Figure Skating

Basic 2: 1 foot glides, back swizzles, 2 foot turns.

Basic 3 (part 1 & 2): Stroking, forward slalom, 2 foot spins.

Basic 4 (part 1 & 2): Forward edges and crossovers, forward outside 3 turns, back stroking.

Basic 5: Backward edges and crossovers, beginning one-foot spins, hockey stop, side toe hop.

Basic 6: Forward inside 3 turns, T-stop, bunny hop, spirals, lunge.

PreFreestyle: Mohawk, ballet jump, backward to forward turn, pivots. Moving forward 3 turns, footwork, one-foot spin, waltz jump, Mazurka.

Freestyle 1-6: All ages After Basic 8, skaters learn advanced jumps, spins, footwork, and other exciting athletic and artistic moves.

Specialty: For all Freestyle level skaters. Work on edges

Hockey Skating

Students will focus on speed, hockey stops, quick turns, footwork, and balance all while skating on hockey skates (no pucks).

Intro to Youth Hockey Skating: An introduction to the core concepts and skating styles taught in Learn to Play Hockey. It is recommended that students have already completed Basic 1 of Learn to Skate.

Advanced Youth Hockey Skating: Current youth hockey players can use this class to excel their footwork on the ice.

MAKE-UP CLASSES

Students may make-up three missed classes per session if classes are available.

There will be no prorated tuition rates.

SESSION INFORMATION

Skating Lessons Include:

8 thirty minute lessons Tuesdays

or

8 thirty minute lessons Saturdays

- Skate rental during lessons
- 8 free public skate admissions
(Free admissions expire 9/8/17)

Session Dates and Prices:

ALL skaters are required to have a Skate USA Basic Skills Membership.

Cost: \$14 annually (7/17 to 6/18)

Tuesdays: July 11-August 29th

\$100.00 including tax (+ \$14 USFS dues)
(\$114.00 total)

Saturdays: July 15-September 2nd

\$100.00 including tax (+ \$14 USFS dues)
(\$114.00 total)

Registration Options

Walk in and register

by visiting our main desk at the arena

Call in registration

(Visa or Mastercard) to 319-354-7870

Mail in registration

Detach from and mail to:

Coral Ridge Ice Arena
1451 Coral Ridge Ave.
Coralville, IA 52241

Practice Times

Regular practice is the key to mastering new skills! All students receive 8 *FREE* admissions to any Public Session *during this session (for themselves or guests)*. Skate Rental is *FREE*.

Free Admissions are good through September 8.

Check www.coralridgeice.com for schedule.

Learn To Skate



Summer 2017

July-August

- Beginning Ice Skating
 - Figure Skating
- Hockey Skating class



319-354-7870

www.coralridgeice.com



CLASS SCHEDULE

CLASS	TUES.	SAT.
Snowplow Sam 1 & 2	5:45 pm	10:15 am
Snowplow Sam 3 & 4	5:15 pm	9:45 am
Basic 1	5:15 pm	9:45 am
Basic 2	5:15 pm	10:45 am
Basic 3 (part 1 & 2)	5:15 pm	10:45 am
Basic 4 (part 1 & 2)	5:45 pm	10:15 am
Basic 5	5:45 pm	10:15 am
Basic 6	5:45 pm	10:15 am
PreFreestyle	6:15 pm	9:15 am
Beginner Adult/Teen	6:15 pm	10:45 am
Intermediate Adult/Teen		9:15 am
Youth Intro to Hockey Skating		9:45 am
Youth Advanced Hockey Skating		10:15 am
Adult Hockey Skating		9:15 am
Low Freestyle	6:15 pm	9:15 am
High Freestyle	6:15 pm	9:45 am

REGISTRATION FORM

July-August 2017

Register early as many of our classes fill quickly! Classes with insufficient registrations will be cancelled. In case of cancellation, you will be notified of alternative days and times available or be issued a credit.

Skater's Name: _____ Birthday: _____

Parent/Guardians' Names: _____

Address: _____ City: _____ Zip: _____

Day Phone: _____ Evening Phone: _____

Cell Phone: _____ E-Mail: _____

Assumption of Risk and Release. I am aware that ice skating involves inherent risks, dangers and hazards which can result in serious personal injury or death. I hereby freely assume and accept any and all known and unknown risks of injury while skating at this ice arena and release owner, its management company, their affiliates, subsidiaries, successors and assigns from any liability whatsoever for bodily injury or property damage resulting from any negligent acts and omissions in the design, operation, supervision and maintenance of the ice arena.

Signature _____ Date: _____

Class/Level	Day	Time	Fee
Annual SkateUSA Fee*	\$ 14.00/skater	7-17 through 6-18	+ \$ 14.00
For rink use only			
Registered by:			
Date:		TOTAL	

**For mandatory U.S. Figure Skating annual membership.*

PAYMENT TYPE Check # _____ Cash _____

VISA/MC _____ Exp. (mm/yy) _____ / _____

Cardholder: _____